

# **COMMUNITY BASED ORGANIZATION (CBO) WORK BOOK FOR ROCKLAND COUNTY, NEW YORK**

**Purpose:** This workbook is intended to serve as a resource guide of programs and services designed to enhance our health and well-being.

**Description:** Included in this work book are the listings of community based organizations in the county. The categories are described and listed alphabetically.

## CLOTHING/FURNITURE BANKS

Families who may have lost their homes due to disaster, be in transition from homelessness or on the verge of homelessness, may need access to clothing/furniture banks. These banks provide children and adult clothing and furniture to families either free of charge or at a very small fraction of the costs.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Rockland County Ancient Order of Hibernians	28 Railroad Ave, Pearl River, NY 10965	(845) 735-0855	<a href="http://www.rocklandcountyaoh.com">www.rocklandcountyaoh.com</a>
Tappansee Thrift Shop Inc	454 Piermont Ave, Piermont, NY 10968	(845) 359-5753	
The Salvation Army	440 W Nyack Rd, West Nyack, NY 10994	(845) 620-7200	

## COMMUNITY BASED HEALTH EDUCATION PROGRAMS INCLUDING FOR HEALTH PROFESSIONS/STUDENTS

Community based health education programs are designed to reach people outside of traditional health care settings. These settings may include schools, worksites, health care facilities, and community organizations. Educational and community-based programs encourage and enhance health and wellness by educating community members on topics such as chronic diseases, injury and violence prevention, mental illness/behavioral health, unintended pregnancy, oral health, tobacco use, substance abuse, nutrition and obesity prevention, and physical activity.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Birthing Wisdom	2 Pvt Lovett Ct, Blauvelt, NY 10913	(845) 323-1830	<a href="http://www.birthingwisdom.com/directions-birthing-wisdom">www.birthingwisdom.com/directions-birthing-wisdom</a>
Birthright of Rockland County Inc	257 S Middletown Rd, Nanuet, NY 10954	(845) 623-9098	<a href="http://birthright.org/">birthright.org/</a>
Breastfeeding Arts: Lactation Consultants & IBCLC Care			<a href="http://www.breastfeedingarts.com">www.breastfeedingarts.com</a>
Community Awareness Network for a Drug-free Life & Environment	120 North Main Street, Suite 301, New City, NY 10956	(845) 634-6677	<a href="http://www.candlerockland.org">www.candlerockland.org</a>
Eurythmy Spring Valley	260 Co Road 71, Spring Valley, NY 10977	(845) 352-5020	<a href="http://www.eurythmy.org">www.eurythmy.org</a>
Hudson Valley Community Services Inc (HVCS)	86 Route 59 East, PO Box 416, Spring Valley, NY 10977	(845) 356-0570	
Medical Society of the Country of Rockland Inc	55 Old Turnpike Rd Ste 504, Nanuet, NY 10954	(845) 623-3408	
Planned Parenthood Hudson Peconic Inc	25 Perlman Drive, Spring Valley, NY 10977	(914) 467-7307	
Rockland Pregnancy Counseling Center	2 Perlman Drive, Spring Valley, NY 10977	1-800-712-HELP	<a href="http://www.carenetrockland.com">www.carenetrockland.com</a>
Rockland Right to Life Committee Inc	PO Box 9348, Bardonia, NY 10954	845-732-8277	<a href="http://rocklandrtl.org">rocklandrtl.org</a>
Rockland Alliance for Health LTD	339 N. Main Street Suite 3A New City, NY 10956	845-548-4080	<a href="http://rocklandallianceforhealth.org/">rocklandallianceforhealth.org/</a>

## Community gardens

Community gardens can greatly improve people's quality of life by creating cultural and community development opportunities through the involvement of people from different backgrounds, reducing crime rates, enhancing youth development, improving health through healthy eating, beautifying neighborhoods, creating more green spaces, producing nutritious foods, reducing family food budgets, conserving resources, and creating opportunities for recreation, exercise, therapy and education.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Keep Rockland Beautiful Inc	120-126 North Main Street, 2nd Floor Annex New City, NY 10956	(845) 708-9164	<a href="http://www.keepprocklandbeautiful.org">www.keepprocklandbeautiful.org</a>

## COMMUNITY OUTREACH AGENCIES

Community outreach agencies provide social and educational programs that address and meet the needs of today's most pressing social problems such as unemployment, poverty, the lack of family and individual support in general and special groups, inadequate public education, child care, insufficient housing conditions and immigration/citizenship issues.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Catholic Community Services of Rockland Inc	78 Hudson Avenue, Haverstraw, New York 10927	(845) 942-5791	<a href="http://www.ccsrockland.org">www.ccsrockland.org</a>
Community Foundation of Rockland County	Haverstraw, NY 10927	(845) 947-2868	<a href="http://www.rocklandgives.org">www.rocklandgives.org</a>
JCC Rockland Inc	450 West Nyack Road, West Nyack, NY 10994	845.362.4400	<a href="http://www.jccrockland.org">www.jccrockland.org</a>
Jewish Federation of Rockland County	450 W Nyack Rd, West Nyack, NY 10994	(845) 362-4200	<a href="http://www.jewishrockland.org/">www.jewishrockland.org/</a>
Lifestyle Options for Seniors Foundation Inc	2000 Fountainview Dr, Monsey, NY 10952		
Meals on Wheels Programs & Services of Rockland Inc	121 West Nyack Road, Nanuet, NY 10954	(845) 624-6325	<a href="http://www.mowrockland.org">www.mowrockland.org</a>
Medical Referral Association of Rockland Inc	15 Elyon Rd, Monsey, NY 10952		
Miles of Hope Breast Cancer Foundation Inc	P.O. Box 405, Lagrangeville, NY 12540	845-264-2005	<a href="http://milesofhope.org/breast-cancer-new-city-rockland-county-ny">milesofhope.org/breast-cancer-new-city-rockland-county-ny</a>
Nyack Center	27 S Greenbush Rd, West Nyack, NY 10994	(845) 358-0877	
Nyack Homeless Project LTD	79 Main St, Nyack, NY 10960	(845) 358-7122	<a href="http://www.nyackhp.org">www.nyackhp.org</a>
Rockland 21st Century	65 Parrott Road, Building 10   West Nyack, NY 10994		<a href="http://rockland21c.org">rockland21c.org</a>
Rockland Coalition for Better School Food Inc	3 PERTH CT WEST NYACK, NY 10994	845-364-2360	<a href="http://www.rocklandsteps.org/health-coalition">www.rocklandsteps.org/health-coalition</a>
Rockland County Ancient Order of Hibernians	28 Railroad Ave, Pearl River, NY 10965	(845) 735-0855	<a href="http://www.rocklandcountyaoh.com">www.rocklandcountyaoh.com</a>

Rockland County Immigration Coalition	137-139 West 25th Street New York, NY 10001	(212) 627-2227	
Rockland County YMCA	37 S Broadway, Nyack, NY 10960	(845) 727-1037	<a href="http://www.rocklandymca.org/">www.rocklandymca.org/</a>
Sisters of Saint Dominic of Blauvelt	496 Western Hwy., Blauvelt, NY 10913	845-359-5600	<a href="http://opblauvelt.org">opblauvelt.org</a>
Society of the Friendly Sons of St. Patrick in County of Rockland Inc	PO Box 996, Pearl River, NY 10956		
South Rockland Interfaith Volunteer Caregivers Inc	PO Box 522, Vly Cottage, NY 10989		
The ARC Foundation of Rockland Inc	25 Hemlock Drive   Congers, NY   10920	845-267-2500	<a href="http://www.arcofrockland.org/">www.arcofrockland.org/</a>
Tomche Shabbos of Rockland County	313 Spook Rock Rd, Suffern, NY 10901	(845) 357-5885	<a href="https://www.tomcheshabbos.org">https://www.tomcheshabbos.org</a>
Two Towns Charity	P.O. Box 186 - Stony Point, NY 10980		<a href="http://twotownscharity.wix.com/two-towns-charity">http://twotownscharity.wix.com/two-towns-charity</a>
United Way of Rockland County	135 Main St, Nyack, NY 10960	(845) 358-8929	<a href="http://www.unitedway.org/">www.unitedway.org/</a>
Volunteer Action Center for Rockland County	50 Sanatorium Rd, Pomona, NY 10970		
Volunteer Counseling Services Inc	77 S Main St, New City, NY 10956	(845) 634-5729	<a href="http://www.vcs-inc.org">www.vcs-inc.org</a>
Volunteer Service Bureau of Westchester Inc	220 White Plains Road Tarrytown, NY 10591		
Yeshiva Association of Rockland County Inc	50 Melnick Drive, Monsey, NY 10952.		

## COMMUNITY SERVICE ORGANIZATIONS

Community service organizations serve the community, many times through volunteerism, to those that are in need of a helping hand through charitable organizations. These organizations also provide many volunteer opportunities in the community or nationwide.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Big Brothers-Big Sisters of Rockland County	65 N Main St, New City, NY 10956	(845) 634-2199	
Chiku Awali African Dance Arts&Culture Inc	76 Ramapo Ave, Suffern, NY 10901	(845) 357-5062	
Community Awareness Network for a Drug-free Life & Environment (CANDLE)	120 North Main Street, Suite 301. New City, NY 10956.	(845) 634-6677	<a href="http://www.candlerockland.org">www.candlerockland.org</a>
Community Foundation of Rockland County	Haverstraw, NY 10927	(845) 947-2868	<a href="http://www.rocklandgives.org">www.rocklandgives.org</a>
Community Medical and Dental Care Inc	40 Robert Pitt Dr Monsey, NY 10952-3333	(845) 352-6800	<a href="http://www.cmadc.com/">www.cmadc.com/</a>
Depression and Bipolar Support Alliance- Rockland County		845-837-1182	<a href="http://www.dbsarockland.org">www.dbsarockland.org</a>
Fellowship of Reconciliation	521 N Broadway, Nyack, NY 10960	845) 358-4601	
Garnerville Arts Project Inc	55 W Railroad Ave, Garnerville, NY 10923	(845) 947-1155	<a href="http://garnervillearts.com">garnervillearts.com</a>
Global Healthy Living Foundation	515 N.Midland Avenue, Upper Nyack, NY 10960	845) 348-0400	<a href="http://www.ghlf.org/">http://www.ghlf.org/</a>
Hamaspik of Rockland County	58 New York 59, Monsey, NY 10952	(845) 356-6446	
Mega Cities Project	34 Old Mountain Rd S Nyack, NY 10960		
Nyack Center	27 S Greenbush Rd, West Nyack, NY 10994	(845) 358-0877	<a href="http://rocklandartcenter.org">rocklandartcenter.org</a>
Philippine American Sr Citizens of Rockland County	Po Box 1520, Spring Valley, NY 10977		

Rockland County Police Widows and Orphans Fund	500 Bradley Hill Road Blauvelt, NY 10913		
Rockland County Society for Prevention of Cruelty to Children	61 Washington, Suffern, NY 10901		
Rockland County Sports Hall of Fame		201-390-3245	<a href="http://www.rcshf.org">www.rcshf.org</a>
The Focusing Institute	15 N. Mill St., Nyack, NY 10960	1-845-362-5222	<a href="http://www.focusing.org">www.focusing.org</a>
Tomche Shabbos of Rockland County	313 Spook Rock Rd, Suffern, NY 10901	(845) 357-5885	<a href="https://www.tomcheshabbos.org">https://www.tomcheshabbos.org</a>
Volunteer Counseling Services (VCS) Inc	77 S Main St, New City, NY 10956	(845) 634-5729	<a href="http://www.vcs-inc.org">www.vcs-inc.org</a>
West Branch Conservation Association	8 Lake Road, New City, NY, 10956, US	845.634.3231	



## EDUCATION

This category includes the listing of all public elementary through secondary schools in the county, as well as local colleges and universities and other educational programs for youth and residents.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
A McArthur Barr MS	143 Church St, Nanuet, NY 10954	(845) 627-4044	
Alliance Graduate School of Counseling	1 South Boulevard, Nyack, NY 10960	845.358.1710	<a href="http://www.nyack.edu/content/AGSCExplore">http://www.nyack.edu/content/AGSCExplore</a>
Bardonia ES	31 Bardonia Rd, Bardonia, NY 10954	(845) 639-6460	
Birchwood School	214 Sickletown Rd, West Nyack, NY 10994	(845) 639-6480	
Cherry Lane ES	1 HEATHER DR, SUFFERN, NY 10901	845.357.3988	
Chestnut Ridge MS	892 Chestnut Ridge Road. Chestnut Ridge, New York 10977	(845) 577- 6300	
Clarkstown North Sr HS	151 Congers Rd, New City, NY 10956	845) 639-6504	
Congers ES	9 Lake Rd, Congers, NY 10920	(845) 639-6330	
Cottage Lane ES	120 Cottage Ln, Blauvelt, NY 10913	(845) 680-1500	
Dominican College	470 Western Hwy, Orangeburg, NY 10962	(845) 359-7800	
Eldorado ES	5 Eldorado Drive Chestnut Ridge, NY 10977	845) 577-6150	
Elmwood ES	43 Robert Pitt Dr, Monsey, NY 10952	(845) 577-6160	
Evans Park School	40 Marion Pl, Pearl River, NY 10965	(845) 620-3950	
Felix Festa Character MS	30 Parrott Rd, West Nyack, NY 10994	(845) 624-3973	
Felix Festa Determination MS	30 Parrott Rd, West Nyack, NY 10994	(845) 624-3972	
Fieldstone Secondary School	100 Fieldstone Dr, Thiells, NY 10984	(845) 942-7900	
Fleetwood ES	22 Fleetwood Ave, Chestnut Ridge, NY 10977	(845) 577-6173	
Franklin Avenue School	48 Franklin Ave, Pearl River, NY 10965	(845) 620-3965	
George Miller ES	50 Blauvelt Rd, Nanuet NY 10954	(845) 627-4870	

Gerald Neary ES	Haverstraw, NY	(845) 942-3450	
Grandview ES	151 Grandview Ave, Monsey, NY 10952	(845) 577-6260	
Green Meadow Waldorf School	307 Co Road 71, Chestnut Ridge, NY 10977	(845) 356-2514	
Haverstraw MS	16 Grant St, Haverstraw, NY 10927	(845) 942-3400	
Head Start of Rockland	138 Maple Ave, Haverstraw, NY	(845) 429-2225	
Hempstead ES	80 Brick Church Rd, Spring Valley, NY 10977	(845) 577-6270	
Highview ES	24 Highview Ave, Nanuet, NY 10954	(845) 627-3460	
James Farley MS	140 Rte 210, Stony Point, NY 10980	(845) 942-3200	
Kakiat ES	465 Viola Rd, Spring Valley, NY 10977	(845) 577-6180	
Lakewood ES	77 Lakeland Ave Congers, NY 10920	(845) 268-5760	
Laurel Plains ES	14 Teakwood Ln, New City, NY 10956	(845) 639-6350	
Liberty ES	142 Lake Road, Valley Cottage, NY 10989	845-353-7240	
Lime Kiln ES	35 Lime Kiln Rd, Suffern, NY 10901	(845) 577-6280	
Lincoln Ave ES	115 LINCOLN AVE PEARL RIVER, NY 10965	845-620-3850	
Link ES	51 Red Hill Rd, New City, NY 10956	(845) 624-3494	
Little Tor ES	New City, NY	(845) 624-3471	
Long Island University - Hudson	70 Route 340, Orangeburg, NY 10962	845-359-7200	
Margetts ES	25 Margetts Rd, Chestnut Ridge, NY 10977	(845) 577-6190	
Montebello Road School	50 Montebello Rd, Suffern, NY 10901	(845) 357-4466	
Nathan Kline Institute of Psychiatric Research	140 Old Orangeburg Road, Orangeburg, NY 10962	845-398-5500	
Nyack College	1 S Blvd, Nyack, NY 10960	(845) 358-1710	
Rockland Chinese School	34 Kings Hwy, Congers, NY 10920	(845) 391-3987	
Rockland Community College	145 College Rd, Suffern, NY 10901	(845) 574-4409	
Rockland Country Day School	34 Kings Hwy, Congers, NY 10920	(845) 268-6802	
Sunbridge College	285 Co Road 71, Chestnut Ridge, NY 10977	(845) 425-0055	
Threefold Education Center	285 Hungry Hollow Rd, Spring Valley, NY 10977,	(845) 517-2389	

## FAMILY SUPPORT AND TRAINING

Family support and training organizations are community-based, and for the most part, non-profit, agencies whose mission is to provide support, advocacy, and education to families and caregivers of children with emotional, behavioral and mental health needs through training, technical assistance, policy development, identification of best practices, data collection and resource development.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Bon Secours Charity Health System Inc	255 Lafayette Ave, Suffern, NY 10901	(845) 368-5000	
Center for Safety & Change	9 Johnsons Lane, New City, NY 10956	(845) 634-3344	<a href="http://www.centerforsafetyandchange.org">www.centerforsafetyandchange.org</a>
Head Start of Rockland Inc	138 Maple Ave, Haverstraw, NY 10927	(845) 429-2225	<a href="http://headstartofrockland.org">headstartofrockland.org</a>
Rockland County Association for the Learning Disabled	2 Crosfield Ave Ste 411, West Nyack, NY 10994	(845) 358-5700	<a href="http://www.yai.org/">http://www.yai.org/</a>
Rockland County Parent Aid Fund Inc	R Yeager Hlth Ctr, Bldg C, Pomona, NY 10970		
Rockland County Women's Network	50 Sanitorium Rd, Pomona, NY 10970	845) 364-2531	
Rockland Employment & Community Help Inc	16 Herschel Terrace, Monsey, NY 10952		
Rockland Parent Child Center Inc	137 1st Ave, Nyack, NY 10960	(845) 358-2702	
Rockland Worksite Day Care Center	50 Sanitorium Rd, Pomona, NY 10970	(845) 364-2697	
Volunteer Family Counseling Services (VCS)	77 S Main St, New City, NY 10956	(845) 634-5729	
Workforce Investment Board of Rockland County Inc	11 New Hempstead Road, New City, NY 10956	(845) 708-7640	

## FOOD BANKS AND FOOD PANTRIES

These are hunger relief non-profit organizations in the local community that collect, store, and/or distribute basic non-perishable foods to those who are struggling to purchase food. These food supplies are shared free of charge.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Help From People to People	121 West Nyack Rd. Nanuet NY 10954	845.623.4900	<a href="http://www.peopletopeopleinc.org/">www.peopletopeopleinc.org/</a>
Meals on Wheels Programs and Services of Rockland County	121 W Nyack Rd, Nanuet, NY 10954	(845) 624-6325	<a href="http://www.mowrockland.org/">www.mowrockland.org/</a>

## HIV PREVENTION/OUTREACH AND SOCIAL SERVICE PROGRAMS

HIV/AIDS Prevention & Outreach programs provide education and prevention services which include individual and group education, assessment, and referral to services related to HIV/AIDS. Some available services provided by the community based organizations or local Department of Health/Department of Social Services include HIV and STD testing, risk counseling services, prevention education, and community outreach programs.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
AIDS Related Community Services	86 New York 59, Spring Valley, NY 10977	(845) 356-0570	<a href="http://www.arcs.org">www.arcs.org</a>
Rockland County Family Planning Clinic			<a href="http://rocklandgov.com/departments/health/clinics-and-immunizations/">http://rocklandgov.com/departments/health/clinics-and-immunizations/</a>
Rockland County STI Clinic			<a href="http://rocklandgov.com/departments/health/clinics-and-immunizations/">http://rocklandgov.com/departments/health/clinics-and-immunizations/</a>
TOUCH - Together Our Unity Can Heal	209 Route 9W Congers, NY 10920	(845) 268-8023	<a href="http://www.touch-ny.org">www.touch-ny.org</a>

## HOUSING SERVICES FOR THE HOMELESS POPULATION INCLUDING ADVOCACY GROUPS

These organizations provide and advocate for the increase of different types of housing, including group homes, emergency day and evening shelters, transitional housing, and the construction of new homes, for those who are homeless or in need of housing/residential support.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Helping Hands-Interfaith Coalition for the Homeless of Rockland County	PO Box 240, Nyack, NY 10960	845) 356-0100	rocklandhelpinghands.org
Homes for the Exceptional II Inc	16 Scenic Drive, Pomona, NY 10970	(845) 267-2500	
Homes for the Exceptional III Inc	2 Hobart Court, New City, NY 10956	(845) 267-2500	
Homes for the Exceptional IV Inc	1 Tulip Ln Suffern, New York 10901	(845) 267-2500	
Homes for the Exceptional V	2 Redwood Ct Nanuet, New York 10954	845-267-2500	
Jawonio Residential Opportunities II Inc	260 N Little Tor Rd New City, NY 10956		www.jawonio.org
Jawonio Residential Opportunities III Inc	260 N Little Tor Rd New City, NY 10956		www.jawonio.org
R C D C Housing Inc	22 Main Street, Monsey, NY 10952		
Rockland County Development Council Inc	P.O. Box 915, Nyack, NY 10960		www.rocklanddc.org
Rockland Economic Development Corporation	2 Blue Hill Plaza, Pearl River, NY 10965	(845) 735-7040	
Rockland Family Center		(845) 634-3344	http://www.rocklandfamilyshelter.org/
Rockland Foundation	Haverstraw, NY 10927	(845) 947-2868	
Rockland Habitat for Humanity	P.O. Box 329, Spring Valley, NY, 10977	845.354.5635	habitatrocks.org/
Rockland Housing Action Coalition Inc	120-126 North Main Street, 2nd Floor Annex New City, NY 10956	845-708-5799	www.rhachomes.org
The Reach Foundation of Rockland Inc		845.494.9772	www.reachfoundation.org

## INDIVIDUAL EMPLOYMENT SUPPORT SERVICES

Individual employment support services are designed for individuals who need intensive training and ongoing support to secure and maintain employment in the community. These services may also include technical support and training made available to individuals with physical or mental disabilities to enhance their employable skills when they search for competitive employment opportunities.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Rockland County Women's Network	50 Sanitorium Rd, Pomona, NY 10970	(845) 364-2531	
Workforce Investment Board of Rockland County	11 New Hempstead Road New City, NY 10956	(845) 708-7640	

## LIBRARIES WITH OPEN ACCESS COMPUTERS

This is a listing of publically available libraries with computer access in the county.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Blauvelt Free Library	541 Western Hwy, Blauvelt, NY 10913	(845) 359-2811	
Finkelstein Memorial Library	24 W Rte 59, Spring Valley, NY 10977	(845) 352-5700	
Haverstraw King's Daughters Public Library	85 Main St, Haverstraw, NY 10927	(845) 429-3445	
Nanuet Public Library	149 Church St, Nanuet, NY 10954	(845) 623-4281	
New City Free Library	220 N Main St, New City, NY 10956	(845) 634-4997	
Nyack Library	59 S Broadway, Nyack, NY 10960	(845) 358-3370	
Orangeburg Library	20 Greenbush Rd, Orangeburg, NY 10962	(845) 359-2244	
Palisades Free Library	19 Closter Rd, Palisades, NY 10964	(845) 359-0136	
Pearl River Public Library	80 Franklin Ave, Pearl River, NY 10965	(845) 735-4084	
Piermont Library District	25 Fly Wheel Park W, Piermont, NY 10968	(845) 359-4595	
Rose Memorial Library Association	79 E Main St, Stony Point, NY 10980	(845) 786-2100	
Sloatsburg Public Library	1 Liberty Rock Rd, Sloatsburg, NY 10974	(845) 753-2001	
Suffern Free Library	210 Lafayette Ave, Suffern, NY 10901	(845) 357-1237	
Tappan Free Library	93 Main St, Tappan, NY 10983	(845) 359-3877	<a href="http://www.taplib.org">www.taplib.org</a>
Tomkins Cove Public Library	419 N Liberty Dr, Tomkins Cove, NY 10986	(845) 786-3060	<a href="http://tomkinscovelibrary.org">tomkinscovelibrary.org</a>
Valley Cottage Free Library	110 RT-303, Valley Cottage, NY 10989	(845) 268-7700	<a href="http://www.vclib.org">www.vclib.org</a>
West Nyack Free Library	65 Strawtown Rd, West Nyack, NY 10994	(845) 358-6081	<a href="http://www.westnyacklib.org">www.westnyacklib.org</a>



## NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) ORGANIZATIONS

NAMI is the nation's largest grassroots mental health organization committed to improve the well-being of those who are affected, and their families, by mental illness and disability. NAMI volunteer leaders work with local communities to promote better access to services, treatment, supports and research as well as raise awareness about mental illness through educational community outreach events.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
NAMI Rockland Inc	140 Old Orangeburg Road, Bldg #57, Rm N106, 1st Floor, Orangeburg, NY 10962	845-359-8785	<a href="http://www.namirockland.org">www.namirockland.org</a>

## NOT FOR PROFIT HEALTH AND WELFARE AGENCIES

This listing includes non-profit healthcare and other providers whose goals and missions are to improve the health and well-being of those they serve. These organizations fill the service gaps between the public services existing through local government programs and the private sector.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
ARC Health Resources of Rockland Inc	25 Hemlock Drive   Congers, NY   10920	845-267-2500	
Association for the Visually Impaired Ed Inc	5 Washington Terrace, Newburgh, NY 12550		<a href="http://www.avi-eyes.org">www.avi-eyes.org</a>
Bikur Cholim	25 Robert Pitt Drive Suite 101, Monsey, NY 10952.	845.425.7877	<a href="http://www.bikurcholim.org">www.bikurcholim.org</a>
Birthing Wisdom	2 Pvt Lovett Ct, Blauvelt, NY 10913	(845) 323-1830	<a href="http://birthingwisdom.com/category/rockland-county-ny">birthingwisdom.com/category/rockland-county-ny</a>
Breastfeeding Arts: Lactation Consultants & IBCLC Care			<a href="http://www.breastfeedingarts.com/">www.breastfeedingarts.com/</a>
Children's Rehabilitation Center Inc	317 North Street, White Plains, NY 10605	914-597-4114	<a href="http://www.setonpediatric.org/childrens-rehabilitation-center">www.setonpediatric.org/childrens-rehabilitation-center</a>
Community Medical and Dental Care	40 Robert Pitt Dr Monsey, NY 10952-3333	(845) 352-6800	<a href="http://www.cmadc.com/">www.cmadc.com/</a>
Cornell Cooperative Extension of Rockland County	10 Patriot Hills Ln, Stony Point, NY 10980	(845) 429-7085	<a href="http://rocklandcce.org">rocklandcce.org</a>
Field Home Holy Comforter	2300 Catherine St, Cortlandt Manor, NY 10567	(914) 739-2244	<a href="http://www.fieldhome.com">www.fieldhome.com</a>
Friends of Rockland Inc	PO Box 1115, Monsey, NY 10952	(845) 356-1570	
Hebrew Academy for Special Children Inc	40 Grandview Ave, Spring Valley NY 10977	(845) 356-0191	<a href="http://www.hasc.net/">http://www.hasc.net/</a>
Hemophagocytic Lymphohisio-cytosis HLH Foundation of Rockland County	50 Woodette Pl Buffalo, NY 14207		

Home Aides of Rockland Inc	151 S Main St # L18, New City, NY 10956	(845) 634-2024	www.homeaides.org
Hudson River Health Care Clinic#	31 West Broad Street, Haverstraw NY, 10927	845-429-4499	<a href="http://www.hrhcare.org">www.hrhcare.org</a>
Mental Health Association of Rockland County Inc	140 New York 303, Valley Cottage, NY 10989	845) 267-2172	www.mharockland.org
Northern Metropolitan Residential Healthcare Facility	225 Maple Ave, Monsey, NY 10952	(845) 352-9000	northernmet.com
Nyack Hospital	160 N Midland Ave, Nyack, NY 10960	(845) 348-2000	www.nyackhospital.org
Refuah Health Center#	5 Twin Ave, Spring Valley, NY	(845) 352-5192	<a href="http://www.refuahhealthcenter.com">www.refuahhealthcenter.com</a>
Rockland Council of Alcoholism Inc	25 Smith St, Nanuet, NY 10954	(845) 215-9788	www.rcadd.org
Rockland County Society for Prevention of Cruelty to Children	61 Washington, Suffern, NY 10901		
Rockland Independent Living Center	873 New York 45, New City, NY 10956	(845) 624-1366	www.rilc.com
Rockland Institute for Special Ed	972 Chestnut Ridge Rd, Chestnut Ridge, NY 10977	(845) 352-3307	
Rockland Opportunity Development Association Inc	20 Ashel Lane, Monsey NY 10952	845) 573-9671	
The Westchester-Rockland Dietetic Association Inc		(914) 827-5952	www.eatrightwrda.org
United Hospice of Rockland Inc	11 Stokum Ln, New City, NY 10956	(845) 634-4974	
Vision Services for the Blind and Visually Impaired	500 Greenwich Street, 3rd Floor, New York, NY 10013-1354	(212) 625-1616	<a href="http://www.visionsvcb.org/visions/programs/vcb/">http://www.visionsvcb.org/visions/programs/vcb/</a>
Westchester Putnam Rockland Lactation Consortium Inc	486 Benedict Ave. Tarrytown NY 10591		

## PEER AND FAMILY MENTAL HEALTH ADVOCACY ORGANIZATIONS

These organizations are often established by parent advocates who provide peer support to other parents of children with mental health needs. These organizations include independent family-run organizations, family support programs within provider agencies, family support embedded in residential and inpatient programs, clinics, wraparound programs, and funded system-of-care communities.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Camp Venture Inc	601 Main St, Sparkill, NY, 10976	(845) 359-5145	
Community Awareness Network for a Drugfree Life & Environment Inc	120 North Main Street, Suite 301, New City, NY 10956	(845) 634-6677	<a href="http://www.candlerockland.org">www.candlerockland.org</a>
Crystal Run Village	321 New York 59, Tallman, NY	845) 368-8668	<a href="http://www.crystalrunhealthcare.com/">www.crystalrunhealthcare.com/</a>
Jawonio	775 N Main St, Spring Valley, NY	(845) 708-2000	<a href="http://jawonio.org">jawonio.org</a>
Mental Health Association of Rockland County Inc	140 New York 303, Valley Cottage, NY 10989	(845) 267-2172	<a href="http://www.mharockland.org/">www.mharockland.org/</a>
New Vistas of Rockland Inc	25 Hemlock Dr, Congers, NY 10920		
Rockland Hospital Guild Inc	2 Irving's Way Orangeburg, NY 10962	845-680-6226	<a href="http://rocklandguild.org">rocklandguild.org</a>
Rockland Psychiatric Center	140 Old Orangeburg Rd, Orangeburg, NY, 10962	845) 359-1000	
St. Dominic Home Inc	500 Western Highway, Blauvelt, NY 10913	845.359.3400	<a href="http://www.stdominicshome.org">www.stdominicshome.org</a>

## PEER SUPPORTS (RECOVERY COACHES)

Peer supports are designed and delivered by people (recovery coaches) who have experienced both substance use disorder with subsequent success in recovery. As such, these peers bring a myriad of experiential firsthand knowledge to help people become and stay engaged in the recovery process and reduce the possibility of relapse. The services can effectively extend beyond the clinical setting into the everyday environment of those seeking to achieve or sustain recovery.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Community Awareness Network for a Drugfree Life and Environment Inc	120 North Main Street, Suite 301, New City, NY 10956	(845) 634-6677	<a href="http://www.candlerockland.org">www.candlerockland.org</a>
Rockland County Al-anon Information Service,	Thiells, NY 10984	(845) 727-2050	<a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a>

## RELIGIOUS SERVICE ORGANIZATIONS

These are religious organizations present in the community that operate under the overarching goal of improving the residents' spiritual and physical well-being. In addition to offering spiritual guidance, many of these organizations also provide social supportive services within their congregations and beyond.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Camphill Foundation	285 Hungry Hollow Rd , Chestnut Ridge, Rockland, NY 10977		
Catholic Community Services of Rockland Inc	78 Hudson Avenue, Haverstraw, New York 10927	(845) 942-5791	<a href="http://www.ccsrockland.org">www.ccsrockland.org</a>
Chazora Center of Rockland County	450 West Nyack Rd West Nyack, NY 10994	845.362.4200	<a href="https://jewishrockland.org">https://jewishrockland.org</a>
Chevra Hatzoloh of Rockland County Inc	19 Grove Street, PO Box 184 Monsey, NY 10952		
Congregation Bnai Yechiel of Rockland County	82 Washington Ave, Spring Valley, NY 10977		
Congregation Chasadai Belz of Rockland County	2 Warren Ct, Monsey, NY 10952	(845) 425-2717	
Dominican Convent of Our Lady of the Rosary	175 Route 340, Sparkill, New York 10976	(845) 359-6400	<a href="http://www.sparkill.org">http://www.sparkill.org</a>
Gmach Hatzoloh of Rockland County	19 Grove Streert Monsey, NY 10952		
JCC Rockland	450 W Nyack Rd, West Nyack, NY 10994	(845) 362-4400	<a href="http://www.jccrockland.org">www.jccrockland.org</a>
Jewish Family Service of Rockland County	450 W Nyack Rd #25, West Nyack, NY 10994	(845) 354-2121	<a href="http://www.rjfs.org">www.rjfs.org</a>
Jewish Federation of Rockland County	450 W Nyack Rd, West Nyack, NY 10994	(845) 362-4200	<a href="http://www.jewishrockland.org">www.jewishrockland.org</a>
Keren Hachesed of Rockland County	12 Blauvelt Rd, Monsey, NY 10952	(845) 356-3181	

Kollel Aurecheim Of Rockland County	7 N Roosevelt Ave, Spring Valley, NY 10977		
Kupath Ezra of Rockland County	59 College Road Monsey, NY 10952	8454258757	
Mikvah of Rockland County	238 Viola Rd, Monsey, NY 10952	(845) 371-9409	
Mt Zion Sanctuary of Rockland County	PO Box 657 Spring Valley, NY 10977		
Presbyterian Peace Fellowship	17 Cricketown Rd., Stony Point, NY 10980	(845) 786-6743	<a href="http://presbypeacefellowship.org">http://presbypeacefellowship.org</a>
Rockland County Jewish Softball League	25 Rita Ave, Monsey, NY 10952		www.rjsl.org
Rockland County YMCA	37 S Broadway, Nyack, NY 10960	(845) 727-1037	www.rocklandymca.org
Sisters of St. Dominic of Blauvelt, NY	496 Western Hwy., Blauvelt, NY 10913	845-359-5600	<a href="http://opblauvelt.org">http://opblauvelt.org</a>
Stony Point Center	17 Cricketown Rd, Stony Point, NY 10980	(845) 786-5674	stonypointcenter.org/
United Church of Spring Valley	11 E Church St, Spring Valley, NY 10977	(845) 356-2863	unitedchurchofspringvalley.org
Yeshivah Association of Rockland County Inc	50 Melnick Drive, Monsey, NY 10952		

**SELF-ADVOCACY AND FAMILY SUPPORT ORGANIZATIONS AND PROGRAMS  
FOR INDIVIDUALS WITH DISABILITIES**

These organizations provide assistance to family members and to those with developmental and intellectual disabilities to become better advocates for themselves and others. These organizations empower those they serve through the development and evaluation of policies and provision of programs that promote these individuals' independence in their journey towards full community inclusion.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Center for Safety & Change	9 Johnsons Lane, New City, NY 10956	(845) 634-3344	<a href="http://www.centerforsafetyandchange.org">www.centerforsafetyandchange.org</a>
Legal Aid Society of Rockland County Inc	2 Congers Rd, New City, NY 10956	(845) 634-3627	<a href="http://www.legalaidrockland.org">www.legalaidrockland.org</a>
Rockland Parent-Child Center	137 1st Ave, Nyack, NY 10960	(845) 358-2702	<a href="http://www.rocklandparentchild.org">www.rocklandparentchild.org</a>
Two Towns Charity	P.O. Box 186 - Stony Point, NY 10980		<a href="http://twotownscharity.wix.com/two-towns-charity">http://twotownscharity.wix.com/two-towns-charity</a>
Winds Beneath My Wings Foundation	PO Box 596. Stony Point, NY 10980		



**SPECIALTY COMMUNITY-BASED AND CLINICAL SERVICES  
FOR INDIVIDUALS WITH INTELLECTUAL OR DEVELOPMENTAL DISABILITIES**

These are clinical and specialty community-based services made available to individual with intellectual or developmental disabilities. Services provided in these organizations include access to community health center, adult day services, alcohol and substance abuse services, camping, day habilitation, domestic violence prevention, employment, guardianship and legal services, home health care, in-home residential habilitation, job training, Medicaid service coordination, recreation services, residential habilitation, respite, and sibling services.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
ARC of Rockland	25 Hemlock Dr, Congers, NY 10920	(845) 267-2500	<a href="http://www.arcofrockland.org">www.arcofrockland.org</a>
Camp Venture Inc	220 Kings Hwy, Sparkill, NY	845) 359-6950 ()	<a href="http://campventure.org">campventure.org</a>
Jawonio	260 N Little Tor Rd, New City, NY 10956	(845) 708-2000	<a href="http://www.jawonio.org">www.jawonio.org</a>
Mental Health Association of Rockland County	140 New York 303, Valley Cottage, NY 10989	(845) 267-2172	<a href="http://www.mharockland.org/">www.mharockland.org/</a>
Rockland Independent Living Center	873 New York 45, New City, NY 10956	(845) 624-1366	<a href="http://www.rilc.com">www.rilc.com</a>
St. Dominic's Home	488 Western Hwy, Blauvelt, NY 10913	(845) 359-3400	<a href="http://www.stdominicshome.org">www.stdominicshome.org</a>

**SPECIALTY EDUCATIONAL PROGRAMS FOR SPECIAL NEEDS CHILDREN  
(CHILDREN WITH INTELLECTUAL OR DEVELOPMENTAL DISABILITIES OR BEHAVIORIAL CHALLENGES)**

These are specialty educational programs made available to children with intellectual or developmental disabilities. Services provided in these organizations include early intervention service coordination, early intervention home based services, educational advocacy, educational evaluation services, educational services, evaluation and testing, family education, head start, inclusive preschool education, individualized services and supports, information & referral, internship programs for individuals with disabilities, and special education preschool evaluations.

<b>Organization Name</b>	<b>Organization Address</b>	<b>Organization Telephone Number</b>	<b>Organization Website/Email</b>
Hebrew Academy for Special Children Inc	40 Grandview Ave, Spring Valley NY 10977	(845) 356-0191	<a href="http://www.hasc.net/">http://www.hasc.net/</a>
Rockland Community Development Center	11 New Hempstead Rd, New City, NY 10956,	(845) 364-2745	<a href="http://rocklandgov.com/departments/community-development/">http://rocklandgov.com/departments/community-development/</a>
Vision Services for the Blind and Visually Impaired	500 Greenwich Street, 3rd Floor, New York, NY 10013-1354	(212) 625-1616	<a href="http://www.visionsvcb.org/visions/programs/vcb/">http://www.visionsvcb.org/visions/programs/vcb/</a>

## TRANSPORTATION SERVICES

Transportation services include different modes of transportation that county residents may utilize for commuting purposes for access to employment settings, healthcare providers, local supportive service organizations and recreational destinations. These services include mass transportation, such as busses, trains, and ferries, and private transportation such as taxicab, carpoled, and special service vans.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Metropool Inc	10 New King Street, White Plains, NY 10604	(914) 437-8870	<a href="http://www.metropool.com">http://www.metropool.com</a>

## YOUTH DEVELOPMENT PROGRAMS

Youth development programs guide youth in their journey toward independence in young adulthood by teaching them the skills and knowledge needed to function in the adult world. Some examples of these skills include problem solving, collaboration, conflict resolution, peer education, leadership, and mentoring. These programs also offer educational enhancement through extracurricular activities. Examples of these programs include mentoring, youth leadership development, cultural, arts, and music, sports and recreation, college and career preparation, adolescent health, and pregnancy prevention programs.

Organization Name	Organization Address	Organization Telephone Number	Organization Website/Email
Arts Council of Rockland Inc	55 West Railroad Avenue, Building 24, Room A, Garnerville, New York 10923	845 947-3660	<a href="http://artscouncilofrockland.org/">artscouncilofrockland.org/</a>
Children's Shakespeare Theatre	117 Washington Spring Rd., Palisades, NY 10964	845) 262-0278	<a href="http://www.childrensshakespeare.org">www.childrensshakespeare.org</a>
River Rowing Association	PO Box 7, Nyack, NY 10960		<a href="http://www.riverrowing.org">www.riverrowing.org</a>
Rockland County Choral Society Inc	20 Dakota Court, Suffern NY 10901	(845)-41-VOCAL	<a href="http://www.rocklandchoral.org">www.rocklandchoral.org</a>
Rockland Gaelic Athletic Association Inc	PO Box 848 Pearl River, NY 10956		<a href="http://www.rocklandgaa.com">www.rocklandgaa.com</a>

**ADDITIONAL WEBSITES FOR COMMUNITY BASED RESOURCES:**

<b>Organization Name</b>	<b>Organization Website/Email</b>
Hudson Valley Region United Way 211	<a href="http://www.hudson211.org/cms/">http://www.hudson211.org/cms/</a>
Always There	<a href="http://www.alwaystherehomecare.org/resources">http://www.alwaystherehomecare.org/resources</a>
County Government	<a href="http://rocklandgov.com/departments/">http://rocklandgov.com/departments/</a>
Health and Human Services Resources	<a href="http://www.informationrockland.com/default.aspx">http://www.informationrockland.com/default.aspx</a>
Shelter Listing	<a href="http://www.shelterlistings.org/details/21139/">http://www.shelterlistings.org/details/21139/</a>